

Recipe

School Name:			
Childs Name:			
Childs Age:			
Meal Name:			
Prep Time (Minutes):		Cooking Time (Minutes):	
Difficulty:	Easy Recipe	Average Difficulty	Difficult Recipe
Serves:]	
	Ingre	dients	
Amount	Ingredient		

Amount	Ingredient
	The 'how to cook it' section
Step 1	
•	
Step 2	
Step Z	
Step 3	
Step 4	
Step 1	
Step 5	
	e meal. Example could be that 'my mum cooks this meal for all the family e And we always leave our plates empty'
	o minima mo amayo toaro our piatoo ompty